

2022

Year of the Water Tiger 2149

MARCH

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

APRIL

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

MAY

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

JUNE

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY

S	M	T	W	T	F	S
				1	2	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

AUGUST

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

OCTOBER

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

DECEMBER

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY 2023

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

FEBRUARY 2023

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

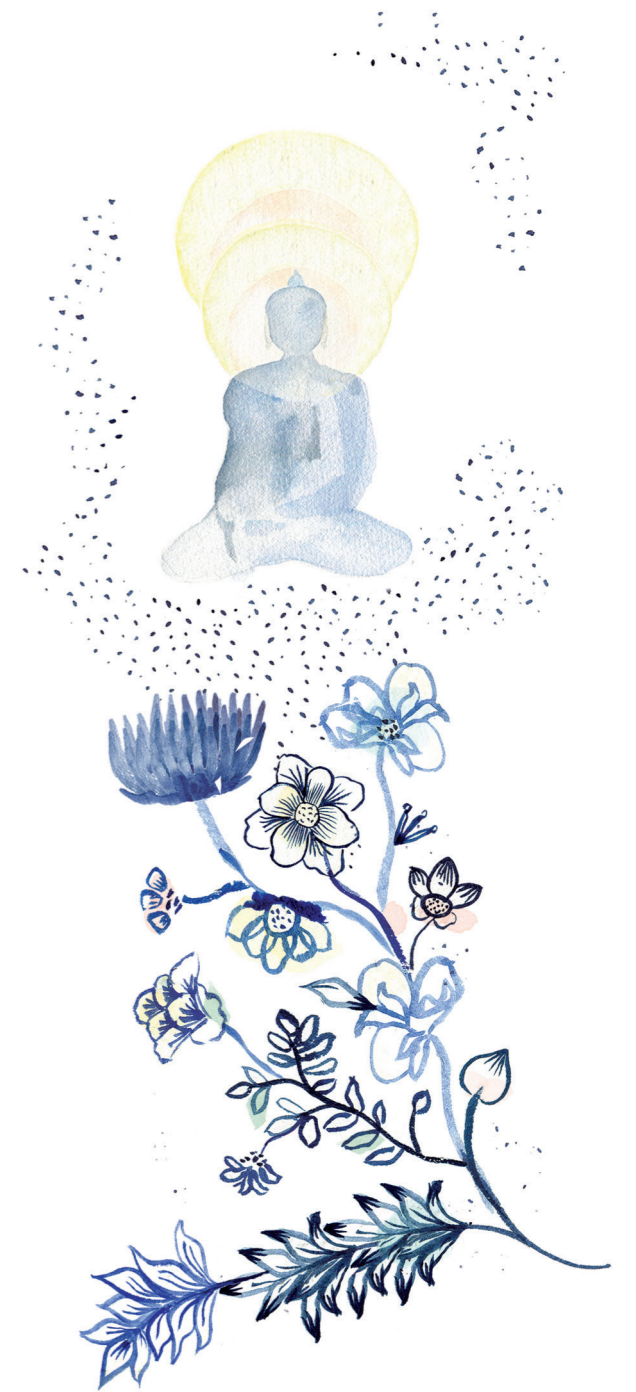
- GURU RINPOCHE DAY
- LOSAR
- FULL MOON
- DAKINI DAY
- BUDDHA SHAKYAMUNI'S BIRTHDAY
- NEW MOON

- 03.18 Chötrul Düchen - Display of Miracles
- 06.14 Saga Dawa Düchen - Buddha Shakyamuni's Parinirvana
- 08.01 Chökhör Düchen - First Turning of the Wheel
- 11.15 Lhabab Düchen - Descent from Indra's Heaven
- 03.23 Anniversary of Jamyang Khyentse Wangpo
- 07.05 Anniversary of Jamyang Khyentse Chökyi Lödro
- 10.13 Anniversary of Kyabje Dilgo Khyentse Rinpoche
- 10.28 Anniversary of Rigdzin Jigme Lingpa
- 02.08.23 Anniversary of Kunkhyen Longchen Rabjam

O destroyer of the darkness of ignorance!
Great compassionate one.
The omniscient one.
The one who has transcended.

O Tathāgatha!
The one who has gone,
And the one who has arrived.
Accomplished one,
Awakened one.

Shakyamuni!
To you I bow.
To you I offer everything.
In you I take refuge.
Ripen me.
Awaken me.
Bless me!



Opening prayer to the *Triratna Anusmriti Sadhana* composed by Dzongsar Khyentse Rinpoche.

Everyone is welcome to join in the online group practice of the *Triratna Anusmriti Sadhana*, the Recollection of the Noble Three Jewels. Currently available in English and Chinese. www.triratnasadhana.org

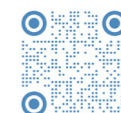


Illustration by Carla Irusta.